

IT NOW

STATE OF NEBRASKA - OCIO



Edited by Tami Rupe

*An internal
employee newsletter
for the
Office of the Chief
Information Officer.*

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Past newsletters can be found at the OCIO website:
<http://www.cio.nebraska.gov/newsletters/>
or SharePoint site:
<https://portal.nebraska.gov/ocio/Documents/Forms/AllItems.aspx>

SERVICE SPOTLIGHT:

LaVetta Boucher

Every month we will highlight an employee with several years of State Service and report on how much technology has changed during his or her tenure.

LaVetta Boucher started with the State of Nebraska on October 2, 1967 for Central Data Processing (CDP) in the capitol at \$1.47/hour. She says she dropped out of UNL-Teacher's College because computers were new at the time and she was intrigued by them. CDP was a new division in 1967 that performed the programming and billing functions for the State by using punch cards for data entry. Not long after, the Mohawk systems came along with no cards and tiny little screens.

In 1977, LaVetta moved to the Department of Education in their data entry system where she organized the scheduling. A newer Mohawk came out that had a diskette dumped to a tape and used the MOBOL programming language. She took a one-week training class and then taught herself the rest. After about a year, LaVetta moved back to CDP programming mid-range computers (in between personal computers and mainframes) like AS400, IBM System 32 and Mohawks. A few years later, the new IBM Series1 replaced the Mohawks and had a new IDES programming language. In her determination to learn, LaVetta kept calling around to get her programming questions answered until she finally worked directly with the IDES programmer and aided him in debugging the new system. She then learned COBOL mainframe programming.

Around 1989, LaVetta moved under the supervision of Robert Keith and began working on software like OfficeVision (the original



LaVetta Boucher in October of 1992 receiving her 25-Year Service plaque from Steve Henderson, Director of IM Services at the time.

email software), RACF (security software) and Lotus Notes. She trained herself and soon began teaching classes for other agencies. In addition to these responsibilities, she still performed mainframe billing, customer surveys, disaster recovery and many other duties now on a part-time status. Under various agency names, she worked with several supervisors like Beverlee Borne-meier, Steve Schafer, Steve Henderson, Tom Conroy and eventually the Chief Information Officer-Brenda Decker.

Currently, LaVetta's title is IT Technical Assistant and she works two 10-hour days a week performing billing for Exchange, IBM, service rates and fees for the Web Team, and has created databases for financial items and some programming for various fees.

On a personal note, LaVetta has a very busy schedule. She married 22 years ago after meeting her true love-Alain on a trip to Paris, France. She also takes care of her 91-year-old father and her 12-year-old rescue Poodle, named Coco. LaVetta enjoys golf and ethnic dance. Most importantly, due to her life-long love for learning, she manages to stay on top of all the latest technology and is proud to own and use an iPad, iTouch, laptop and personal computer.

ASK Brenda

Q: What do you do if you see an OCIO employee sleeping with their head hunched over at their desk? I do not know the employee or their supervisor but made this observation when walking by their work area.

A: This is a tough call because you may not really know what is happening. My first request would be that you should ask the employee if they are OK. Sometimes it may be someone who is ill and has put their head down because they are afraid they are going to get sick. We all need to be sure that if someone is sick, we are aware of that fact and will help if needed. The other option is to let your supervisor or



leadership team member know what you saw (anonymously if that is what you wish). Again, this may be a health issue and someone needs to check on the person. Your supervisor/ leadership team member can usually figure out who on the floor is the employee's supervisor and get the person help. The supervisor of the employee has the responsibility to understand the situation and obviously has the responsibility to ensure that we do not have people sleeping on work time.

Thanks – Brenda



GOVERNOR'S NEWS ADVISORY LISTSERVE

KEEPING YOU Informed



Do you want to stay more involved in the State of Nebraska Governor's news and information? If you are interested in subscribing to this listserve, follow the instructions.

<https://listserv.nebraska.gov/Scripts/wa.exe?SUBED1=OCIO-GOVERNORNEWSADVISORY&A=1>

1. Once you click on the link, you will see the page below.

2. Populate the **NAME** and **EMAIL ADDRESS** fields.
3. Select which list you want to subscribe to from the **SELECT LIST** field. Then, hit the "Subscribe (OCIO-GOVERNORNEWSADVISORY)" or whatever list you selected.

Next you will receive a confirmation email that says:

Your command:

SUBSCRIBE OCIO-GOVERNORNEWSADVISORY Tami Rupe requires confirmation. To confirm the execution of your command, simply click on the following link:

<https://listserv.nebraska.gov/Scripts/wa.exe?OK=E32B5A85>

Alternatively, if you have no WWW access, you can reply to this message and type **OK** as the text of your message. If you receive an error message, try sending a new message to LISTSERV@LISTSERV.NEBRASKA.GOV (without using the "reply" function) and type **OK E32B5A85** as the text of your message.

Your command will be cancelled automatically if LISTSERV does not receive your confirmation within 48 hours. After that time, you must start over and resend the command to get a new confirmation code. If you change your mind and decide that you do not want to confirm the command, then simply discard this message and let the request expire on its own.

Finally, you will receive an email saying you have been accepted.

Your subscription to the OCIO-GOVERNORNEWSADVISORY list (OCIO-GOVERNORNEWSADVISORY) has been accepted.

You will now receive updates whenever the Governor sends them out on this list. You will also receive his weekly calendar and the calendar for the Lieutenant Governor. If you wish to unsubscribe from the list, go to: OCIO-GOVERNORNEWSADVISORY-signoff-request@LISTSERV.NEBRASKA.GOV

OCIO has hundreds of email lists on the Listserv server ranging from newsletters for the Dept. of Aeronautics, to Indian Affairs, to emergency notice lists for NEMA and the like. Any state employee can be an owner of a Listserv list and subscribers can be anyone in the world. Contact the OCIO Help Desk for Listserv creation and/or questions.

REMEMBERING RECENT RETIREES

All retirees from the State of Nebraska receive a retirement plaque and a Nebraska Navy Admiralship from the Governor's office. **The Great Navy of the State of Nebraska began in 1930** when Governor Charles W. Bryan went on vacation and Lieutenant Governor T. W. Metcalf took over the affairs of state. Acting Governor Metcalf wanted to do something to honor his friends, so he created the Great Navy of the State of Nebraska, and appointed his friends as Admirals. Since then, Nebraska Admiralships have been bestowed on many notable Nebraskans and others. An application is available on the governor's office website stating, "Admirals in the Great Navy of the State of Nebraska are individuals who have contributed in some way to the state, promote the Good Life in Nebraska, and warrant recognition as determined by the Governor."

Clark Wells retired on July 9th after 28 1/2 years of service. The reception was held at the 3rd Floor Gold's Building on his last day. Many employees attended to wish him farewell and share some cake and memories. Brenda Decker presented Clark with a retirement plaque and a certificate for the Nebraska Navy Admiralship from the Governor's Office.

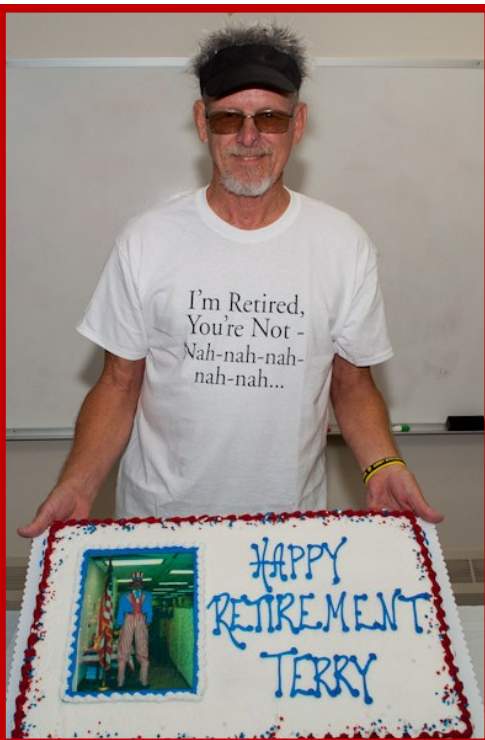
Clark started with the State on January 16, 1984 in the capitol. During his tenure, he moved to five other locations ending up at the Gold's building. Clark's title was IT Application Developer Senior on the Configuration Management Team for the CHARTS system. CHARTS (Children Have A Right To Support) is the Nebraska Child Support



System. Clark was responsible for documentation, verification and approval of Job Control Language for the system. Clark says he has worked with so many good

people over the years and many who have moved on to new jobs both within and out of the state. Some have passed and some have been lucky enough to retire. He said, "The work has always been the best when you're working with people you can call friends." His co-workers all wish him well in his retirement and know that he will be enjoying lots of golfing.

Clark says he will be "thinking of all of you when I'm working on the landscape in my yard or more likely when I'm trying to negotiate a hazard on the golf course." He also states, "Remember that a bad day of golf is better than a good day at work!"



Terry Salyer recently retired on July 12th after sixteen years of service. He turned 65 on July 10th and took advantage of the first opportunity to begin his retirement. A reception was held at the State Office Building in a lower level conference room on his last day with cake and treats. Brenda Decker presented Terry with a retirement plaque and a certificate for the Nebraska Navy Admiralship from the Governor's Office.

When asked what the plans for his future relaxation period were, Terry said, "I plan to go fishing my first day of retirement (and maybe the 2nd and 3rd)! My wife and I have some property near Valentine, Nebraska and we plan to make that our summer retreat for camping, fishing and kayaking. By fall, we plan to be back in Exeter for all the grandkids' football and basketball games."

Terry started with the State of Nebraska on June 17, 1996. He spent two years on the N-FOCUS Expert System and Production

Support teams before joining the N-FOCUS Batch team in 1998. N-FOCUS supports eligibility and case management processes for over 30 DHHS programs like Supplemental Nutritional Assistance Program (SNAP), Medicaid and childcare. His title was IT Application Developer Senior and Terry was the N-FOCUS XML-based StyleSheet expert, which is the architecture that supports N-FOCUS correspondences. Terry took pride in designing and delivering professional correspondences that are sent to N-FOCUS customers.

Overall, Terry is well known for his participation in N-FOCUS charity events and team fun days. As you can tell by the photo on his last day, he is famous for his many creative costumes and ideas. He will be greatly missed!

Terry said he really enjoyed working at OCIO and for the State of Nebraska. He stated, "The people at N-FOCUS are the greatest!"

CHECK OUT YOUR NEAREST

FARMERS' MARKET

This time of year, fresh fruit and vegetables are abounding in roadside stands and several farmers' markets from locally-grown producers and are available most every day of the week. There are more alternatives to eat local and healthy than ever before. Governor Dave Heineman wrote about farmers' markets in his June 1, 2012 letter. He noted that, "In the past twelve years, Nebraska's markets have grown from just 39 to over 77 markets located in 62 communities across the state. In that same time frame, the number of produce growers has increased from 78 to 607."

Farmers' markets are a way for local, small-sized growers to sell their goods and earn income. In addition, it is an excellent means for those consumers looking for more "organic" means of nutrition to speak to the producers and learn about the products they are bringing home to their families. Perhaps, citizens may even have input with the farmers on how the product is grown or sold.

There are a few state agencies that have farmers' market nutrition programs. Since 2000, the Senior Farmers' Market Nutrition Program has been in effect which provides low-income senior citizens with coupons to purchase fresh, locally-grown produce at farmers' markets. The WIC Farmers' Market Nutrition Program provides fresh, unprepared, locally-grown fruits and vegetables to WIC-qualified women, infants (over 4 months old) and children. Just like the Senior program, they receive coupons to use for produce at authorized vendors.

The Nebraska Department of Agriculture has an excellent resource on their produce website called "Nebraska Our Best to YOU" and is all about produce to include licensing, harvest calendar, recipes, educational materials and producer profiles. On the front page, there are two links that you can click to locate either farmers' markets (Farmers' Market link) or specific produce growers (Nebraska's Guide to Fresh Produce) in your county with their location, contacts, hours, dates and times. Check it out at <http://www.ourbesttoyou.nebraska.gov>. Be sure and visit your local farmers' market soon!


Here are some farmers' markets in Lincoln.

Tuesday: **St. Paul's UCC Farmers' Market**
Located in parking lot at 1302 F Street
4:30-7:30 pm May-October

Wednesday: **Downtown Garden Market**
Located at Pershing Center South Lawn
12-4 pm or sold out
July 11-August 29



NEWS



NEBRASKA
Administrative Services

NEWS

- ◆ The State Employee's Blood Drive was held in a mobile unit in the parking lot at First Christian Church located at 430 S. 16th Street on July 26th from 9 am to 12:30 pm. Thirty-eight employees came to donate thirty-one units of blood. **Thanks to all of you who participated!**
- ◆ The Annual Employee Appreciation Picnic hosted by Carlos Castillo is scheduled for **September 6th**.
- ◆ The Quarterly Celebration of Leadership Employee Recognition Awards were recently announced with the following winners. A ceremony was held at the capitol on July 27th at 10 am. Each were separate awards.
 - * **Project of Merit**-Paula Fankhauser, Janet Hansen, Susie Samuelson, Terri Wilson & Kris Bourke from Wellness & Benefits and Deb Tatro from State Personnel
 - * **Helping Hand**-Dick Schumacher from Central Services
 - * **Climbing Mt. Everest**-Susie Samuelson and Paula Fankhauser from Wellness & Benefits; Loraine Epperly and Dovi Mueller from State Personnel; and Kirk Bintz, Steve Lortz, Lacey Pentland, Julie Perez and Dwane Rauscher from State Accounting
 - * **Special Relationship Architect Award** went to Judy Davidson-Whitehead

Wednesday: **University Place Community Market**
Located at 48th & Madison
3-7 pm June-September

Thursday: **Fallbrook Farmers' Market**
Fallbrook Town Center Park located at NW 6th
& Fallbrook Road
3:30-7 pm June-September

Saturday: **Farmers' Market at the Farm**
Located at 11855 Yankee Hill Road
9 am- 12 pm May-October
Lincoln Haymarket Farmers' Market
Located between 7th, 8th & P Streets
8 am-12 pm May-October
Piedmont Farmers' Market
Located at 1265 S Cotner Blvd. Shopping Ctr.
8 am-12 pm May-September

Sunday: **Old Cheney Farmers' Market**
Located behind the Lincoln Racquet Club in the
Old Cheney Center at 5500 Old Cheney
10 am- 2 pm April-October

Made A Difference Awards



The Office of the Chief Information Officer recognizes **Tom Rolfes** for his assistance to the Chambers Public School staff in regards to getting their E-Rate filing completed in accordance with the federal requirements. Tom was instrumental in instructing them and alleviating the anxiety involved with getting this paperwork done.

The Office of the Chief Information Officer recognizes **Mike Leonard (not pictured)** for his assistance to the Administrative Services Copy Services Team on quickly getting drivers installed on their workstations to accommodate for new copiers. He received the request on Thursday morning and had it done by the end of the day!

BIRTHDAYS

AUGUST 2nd

Ruth Mattson

AUGUST 3rd

Carol Bornschlegel
Mike Kubes
Lacey Pentland
Tami Rupe

AUGUST 6th

Justin Ekstein

AUGUST 10th

Marcus Hanneman

AUGUST 11th

Michelle Metcalf

AUGUST 13th

Donna Ruhl
Tina Seacrest

AUGUST 14th

Linda Leland

AUGUST 15th

Christopher Miller
Rachel Shepherd

AUGUST 17th

Philip Shirley

AUGUST 23rd

Don Spaulding

AUGUST 24th

Nagaraju Mudhelli

AUGUST 26th

Annie King



Like OCIO on facebook

Did you know that OCIO has a facebook page? Go to this link <https://www.facebook.com/OCIONebraska> and sign up to keep in touch with the latest news and happenings at OCIO. Here are a few of the recent postings:

- 2012 ECM Conference with 16 photos
- 2012 GIS Conference with 24 photos
- July Retirements
- July Made A Difference Awards



From this page, you can also link to other Nebraska Government facebook pages. On the right side of the page, hit the "select all" link to see all that are available.

- Governor of Nebraska
- Nebraska State Fair
- Nebraska National Guard
- Visit Nebraska
- Nebraska State Historical Society

Don't forget to like OCIO!



Made A Difference Awards



The Office of the Chief Information Officer recognizes **Jim Sheets** for his assistance to the DHHS WIC program with moving their office to Fremont. Jim was given a very short deadline to get WAN connectivity for the customer. He worked to come up with temporary solutions until the competitive bidding process could be completed. The WIC Program Manager is extremely appreciative of Jim's efforts.



The Office of the Chief Information Officer recognizes **Chris Heinze** for assisting the Keith County Emergency Management office on June 5th with testing the Nebraska Regional Interoperability Network (NRIN) pilot ring. He jumped right in during the testing and helped the Keith County employees understand in "common people" terms just what was going on. In addition, he worked with the contractors to troubleshoot the issues that cropped up. Keith County was thankful for his expertise.

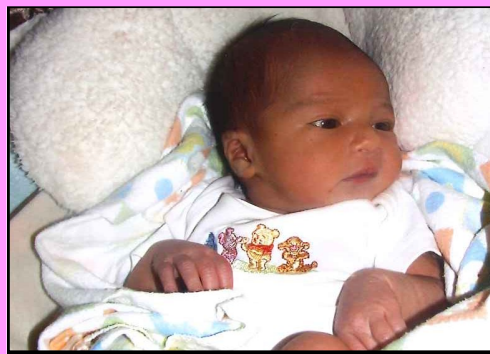
State Service Anniversaries

48 YEARS	Beverlee Bornemeier
42 YEARS	Gloria Esquivel
37 YEARS	Ann Ramsey
34 YEARS	Mike Leonard
29 YEARS	Vicki McElroy
24 YEARS	Lori Lopez Urdiales Kathy Brakhage
22 YEARS	Kim Converse
20 YEARS	Ronda Zarek Mike Olson
18 YEARS	Linda Sestak
13 YEARS	Bill Snyder
9 YEARS	Aaron Weaver
8 YEARS	Ron Clutter Cindy Kelley Kathy Link Rose Mackey Viji Pushkaran Barb Whitehead Denice Baum Pat Gill Rodney Wiles
6 YEARS	Dan Mortensen Pam Kemper

EMPLOYEE

NEWS CENTER

FAMILY



Carol Lewis is proud to announce the birth of her new granddaughter, Mercedes Marcella Tran. She was born to her daughter-Cari, her husband-Vu and big brother-Aden on July 8th. Mercedes weighed 6 lbs., 12 oz. and was 19 3/4" long. *Awwwww!*

Ann Ramsey announces the birth of her granddaughter, Scarlett Kristine Ramsey, to her son and his wife—Nick and Becky. She was born on June 2nd, weighed 7 pounds and was 20 inches long.

She has her daddy's red hair and her mommy's blue eyes!



Juli Jurgens is proud to announce her daughters' recent achievements. CJ (age 12) and Noa (age 10) recently competed in the 2012 Trails and Rails Fiddle Contest in Kearney. The competition included playing three songs: a hoedown, waltz and a freestyle tune of choice. CJ, who has been playing fiddle for 7 years, took first place in the "Seasoned" Division. Noa, who has been playing the fiddle for 5 years, took first place in the "Green" Division.

Way to go, girls!

Dave Hattan is proud of his grandson, Tyler Hattan. Tyler competed in the 2012 Cornhusker State Games Swimming Competition. In his 13-14 age group, he placed in 9 of 10 events earning 3 gold, 4 silver and 2 bronze metals. He swims regularly for Nebraska Aquatics Club except during the high school season when he swims for Southeast High School.

Tyler received an excellent opportunity to pick up some training tips from Bob Bowman, the swimming coach for Olympic Champion—Michael Phelps. Bob was helping at the Olympic Trials in Omaha and gave Tyler some pointers in this over-sized pool shown below. It was an opportunity of a lifetime and it looks like Tyler has a bright future with *more medals to come!*



Left: Tyler Hattan showing off his metals. **Right:** Michael Phelps' swim coach, Bob Bowman, coaching Tyler at the Olympic Trials in Omaha in late June.



Tami Rupe (pictured) is proud to announce the marriage of her oldest son-Stephen Schellpeper. He married Meghann Blythe in a small ceremony at the Lincoln Country Club on April 27, 2012.

Woo Hoo!

Gloria Esquivel announces the birth of her first grand child, William Lovely, to her daughter and husband, Holly and Paul. He arrived on July 1st at 8:34 pm, weighed 8 pounds and was 20 inches long. The new grandparents recently traveled to Madison, Wisconsin to see him for the first time. *What a cutie!*





What's in a NAME?

Nigel and Angie named their child Megan.

Simon and Gemma named their child James.

Denis and Sonia named their child Cindy.

Did Derek and Carol call their child Shane or Sarah?

Email your answer to tami.rupe@nebraska.gov.

Winners' names will be published
in the next newsletter.

July Winners: Ryan McMaster and Rod Wiles. Honorable Mention to Renee Bramhall. Answer: A, B, A, E

BLAST from the PAST



Starting this month, we will dust off an old picture of past and present OCIO employees. Look for the names and date of the photo in next month's newsletter.

Cyber Security NEWS

According to the International Telecommunication Union, about 87% of the world population uses mobile phones. At the end of 2011, about 32% of these handsets were smartphones and that number is expected to increase to around 38% for 2012. As you may know, smartphones have the ability to use apps which are available via download to perform various functions. In 2010, these 300,000+ applications were downloaded 10.9 billion times and are expected to reach 76.9 billion in 2014. The continued growth of mobile apps requires a spotlight on security for your mobile device.

Here are some steps users can take to minimize risk:

- **Make sure you actually need the app.** Only download those apps you deem necessary with the understanding of the risks.
- **Be careful about which app store you use.** Do your research before you download. Look at the number of reviews for the apps and what other users are saying. Read the app's privacy policy. Will the app report your personal information or GPS location?
- **Password protect your mobile device.** Protect your device with a strong password that is not stored in the device. Also, do not enable the apps to remember your password.

- **Learn how to remotely wipe your device.** If your phone is lost or stolen, this will allow you to remotely remove all of your personal data and restore it back to factory settings.
- **Don't use public Wi-Fi when performing financial transactions.** Use only 3G or 4G networks for banking.
- **Be alert to changes in the performance of your mobile device.** If your device responds slower after downloading an app, perhaps the app has malicious code.
- **Update apps.** Keep them updated when notified.
- **Disable Bluetooth settings on your mobile device when not in use.** Someone could potentially pair your device and obtain information from your mobile device.
- **Follow your organization's policies.** If you are using a work phone, be sure to follow the established rules.

For more information on the Cyber Security department of the OCIO, view their webpage at <http://cio.ne.gov/cybersecurity/>.

Look for Cyber Security news to occur monthly as a regular section of the IT Now newsletter with assistance from Brad Weakly. Taken from the Nebraska Cyber Security Center Monthly Newsletter Tips. Additional source: mobithinking.com.

TRAINING

Below are some training opportunities available in the next couple months in Lincoln or Omaha. You will need to obtain proper approval, travel request and RFL from your supervisor. Click on the links provided for more details about the class.

Training
Knowledge
useful ability
backbone of
quired for a

Skillpath Seminars— click on <http://www.skillpath.com> for more information

Name	City	Date	Time	Cost
Getting the Most From Microsoft Excel	Lincoln	10/15/12	9-4	\$99

Fred Pryor Seminars— Click on <http://www.pryor.com> for more information

Name	City	Date	Time	Cost
Excel 2007/2010 Basics	Lincoln	8/8/12	9-4	\$79
Excel 2007/2010 Beyond the Basics	Lincoln	8/9/12	9-4	\$99
Fundamentals of Project Mgmt.	Omaha	8/21/12 & 8/22/12	9-4	\$299
Developing Emotional Intelligence	Omaha	8/30/12	9-4	\$199

SCC-Lincoln Campus—Click on www.southeast.edu/continuing

Name	City	Date	Time	Cost
Excel Basic 2007	Lincoln	8/6/12	8:30-4:30	\$129
Excel Basic 2010	Lincoln	8/8/12	8:30-4:30	\$129
Excel Intermediate 2007	Lincoln	8/27/12	8:30-4:30	\$129
PowerPoint 2010: Basic	Lincoln	8/23/12	8:30-4:30	\$129
Excel Intermediate 2010	Lincoln	8/29/12	8:30-4:30	\$129
Excel Advanced 2007	Lincoln	9/17/12	8:30-4:30	\$129
Excel Advanced 2010	Lincoln	9/19/12	8:30-4:30	\$129
PowerPoint 2010: Intermediate	Lincoln	9/20/12	8:30-4:30	\$129
Excel 2007/2010 Macros Basic	Lincoln	9/26/12	8:30-4:30	\$129

HEALTHY LIFESTYLES

SIGNS OF HEAT-RELATED ILLNESS

With the recent triple-digit heat wave we have been having, it's difficult to enjoy any outdoor activities. However, it is important to recognize the symptoms of heat-related illnesses and prevent them if you happen to find yourself outside in this weather.

Heat Stroke:

This is the most serious of the heat-related illnesses and happens when your body temperature rises rapidly but can not sweat fast enough to cool itself. The symptoms are hot, dry skin or profuse sweating, chills, hallucinations, headache, confusion and slurred speech. If you see these symptoms, move the patient to shade, wet them down with cold water and fan them before seeking medical attention.

Heat Exhaustion:

This is due to heavy sweating and the extreme loss of salt and water in the body. Symptoms include heavy sweating, fatigue, confusion, nausea, clammy skin, muscle cramps and fast, shallow breathing. First thing to do is get a person out of the heat, then encourage the patient to drink Gatorade or cool, non-alcoholic beverages.

Heat Syncope:

Mostly for sun-bathers, this illness involves dizziness after lying for long periods of time in the sun mostly due to dehydration. The best solution is to take a moment and drink a cool beverage like water, sports drinks or clear juice.

Heat Cramps:

For those performing heavy activity in the sun and sweating heavily, cramps in the arms, legs or stomach are due to low salt levels in the body. The best solution is to quit the activity for a few hours and drink the cool beverages described above.

Heat Rash:

Heat rash is the mildest result from heavy sweating and looks like a cluster of pimples on the neck, chest or groin. The best treatment is baby powder. **Drink lots of water and stay heat-safe in this weather!**

Taken from an article in the Rural Electric Nebraskan.